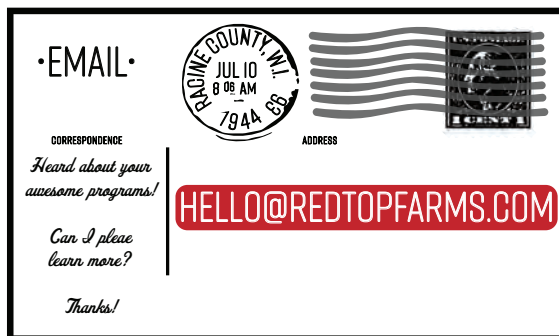


*beef:  
it's more than  
just protein*

*let's chat*

816-628-0078



*learn more*

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*Premier American Grass-Fed Beef®*  
*grass-fed Angus beef*

DISTRIBUTED BY PREMIER PROTEINS, LLC

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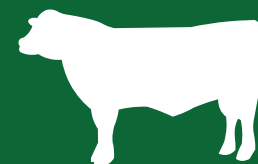
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*farms*

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*Premier  
American  
Grass-Fed  
Beef®*



*phenomenal, we do that!®*

FRESH BEEF, REGARDLESS OF  
FEEDING REGIMEN, IS A  
NUTRIENT DENSE AND  
REGARDED AS AN IMPORTANT  
SOURCE OF:

- ESSENTIAL AMINO ACIDS
- VITAMIN A
- VITAMIN B6
- VITAMIN E
- VITAMIN B12
- VITAMIN D
- VITAMIN E
- IRON
- ZINC
- SELENIUM



## *what's the big deal?*

GRASS-FED BEEF IS NO LONGER A TREND, BUT A STAPLE OF THE INDUSTRY. MANY HAVE TRIED TO GET BY WITH OLD COWS AND POOR QUALITY ANIMALS. WE ARE HERE TO OFFER A WELL KNOWN BREED WITH A TWIST.

## *health benefits*

GRASS-FED BEEF IS:

- LOWER IN FAT AND CALORIES.
- RICHER IN OMEGA-3 FATTY ACIDS (THE FAT FOUND IN SALMON) THAT RESULTS IN A MORE FAVORABLE OMEGA-6 TO OMEGA-3 RATIO.
- EXCELLENT SOURCE OF CONJUGATED LINOLEIC ACID (CLA).

DALEY ET AL. NUTRITION JOURNAL 2010, 9:10

## *our cattle*

OUR CATTLE ARE AT LEAST 50 PERCENT ANGUS CONSISTING OF RED, BLACK OR A CROSS. THEY ARE RAISED ON SMALL AMERICAN FAMILY FARMS AND ARE ALL YOUNG ALL-NATURAL ANGUS CALVES. OUR CATTLE ARE MONITORED BY ANIMAL NUTRITIONISTS FOR SUPERIOR QUALITY AND CONSISTENCY

## *claims to fame*

NO ANTIBIOTICS

NO HORMONES

NO GROWTH PROMOTANTS

NO ANIMAL BY-PRODUCTS

NO ARTIFICIAL INGREDIENTS

ALWAYS VEGETARIAN FED

MINIMALLY PROCESSED

HUMANELY TREATED

SOURCE & AGE VERIFIED

HALAL CERTIFIED

BORN, RAISED, & HARVESTED  
IN THE U.S.A.

## *cooking recommendations*

PREMIER AMERICAN GRASS-FED BEEF® IS BEST PREPARED ON GRILL. THE MEAT IS MORE DELICATE, AND WILL TOUGHEN WHEN SEAR ON EACH SIDE AND FINISH TO A MEDIUM RARE.

LOW TO MEDIUM HEAT OR INDIRECT HEAT IF ON AN OUTSIDE EXPOSED TO EXCESSIVE HEAT. WE ENJOY A LIGHT